

## Medication List

You may think this is a tedious task, but it is a valuable piece of paper and will play a role in every medical visit. This is your patient-held medication list. A patient-held medication list can improve medical safety. These include improving your accuracy of remembering the medications you take, allowing identification of potential drug interactions, facilitating communication about medicines with your doctor, and reminding you to take and re-order medicines.

Even in this age of technology, it continues to be challenging to share medical information between healthcare providers. When changes are made, you may be the only one who has the most recent information until you see the next provider. If there happens to be an emergency, you want to have all that important information right at the doctor's fingertips.

Example: (your list below)

Medication Name	Dose	Take <u>x</u> times per day	For what medical condition?	Side effects?	Prescribing Doctor	If you don't follow the prescribed way of taking it, how are you taking it?
Celexa (Citalopram)	20mg	1x/day	depression	tiredness	Primary Care (Dr. Smith)	Prescribed

### **Q: What if I don't know which doctor prescribed my medication?**

A: On the medical bottle it should say which doctor prescribed the medication, along with the medication dose, route of administration, and how many times a day to take it.

### **Q: What if I don't know which medication is for what medical condition?**

A: This is something you can ask your doctor during your next visit.

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